



Pilates for Dressage Symposium March 27-29, 2009

with Janice Dulak, author of Pilates for the Dressage Rider
and Sarah Martin, USDF T-4 instructor and Gold medalist

USDF University Accredited; registration # 101336

Expo Square, 4145 E. 21st Street, Tulsa, OK

Rider and participating auditor applications:

Opening date January 24, 2009; closed when slots are full

Observing auditor and lecture only applications are due March 20, 2009.

Schedule: Janice will give a lecture Friday evening at Chimi's, 1304 E. 15th St., Tulsa. Saturday and Sunday mornings riders and participating auditors will do Pilates floor work in the QuikTrip Center East Conference Room from 8:00 to 10:00 a.m. Saturday riders will have a 45 minute group (3 horses) lesson with Janice followed by a 30 minute private lesson with Sarah. Saturday evening will be an informal dinner at Johnnie's Charcoal Broiler. Sunday, after Pilates floor work, riders will ride in their groups with both instructors simultaneously. There is a limit of 12 rider spots and 13 participating auditor spots. Riders and participating auditors must attend both days. These limited spots will be filled on a first come, first serve basis. Most of the ridden work will be at the walk and trot. Riders of all levels are encouraged to sign up. There is unlimited room for observing auditors.

Directions: Expo Square is located on the west side of Yale Avenue between 15th and 21st Streets.

PLEASE CHECK ONE OR MORE OF THE FOLLOWING (Lunches are additional for everyone)

- _____ Rider **both days** \$200 for both rides, non-member \$225 (floor work and lecture included)
- _____ Participate as an auditor **both days** \$75, non-Member \$100 (floor work and lecture included)
- _____ Audit Saturday \$15, non-Member \$25 (observe rides only, lecture included)
- _____ Audit Sunday \$15, non-Member \$25 (observe rides only, lecture included)
- _____ Audit **both days** \$20, Non-Member \$35 (observe rides only, lecture included)
- _____ Lecture only, Friday evening, \$10, non-member \$15
- _____ USDF University Credit (2.5 credits for all weekend or 1 credit per day) \$5

LUNCHES: You must pre-order if you want a box lunch(s). Prices do not include drinks. A cart will be available for drinks and extra snacks,

- _____ Saturday lunch: chicken Caesar salad wrap *or* veggie wrap (circle choice) with chips & cookie \$9
- _____ Sunday lunch: ham, *or* turkey, *or* beef deli sandwich (circle choice) with chips & cookie \$8.75

ACCOMODATIONS: The Inn at Expo Square 918-858-3775.

RV Park \$30/day for 32 amp service 918-744-1113

AUDITOR/RIDER INFORMATION (please print)

Name _____ ODS Member YES NO

Address _____ City/State/Zip _____

Phone _____ E-mail _____

(Auditors need not fill out horse information. See page 2 for payment instructions.)

HORSE INFORMATION (Security will be on site Friday and Saturday nights)

Horse's Name _____ Breed _____

Age _____ Height _____ Color _____ Sex (Mare, Gelding, Stallion) _____

Owner's Name _____ Current level of riding _____

WAIVER OF LIABILITY AND ACKNOWLEDGMENT OF FINANCIAL RESPONSIBILITY

A waiver of liability will be signed by all riders before mounting. By signing this form, I agree to abide by all rules and fulfill all financial commitments related to this symposium. The rider is ultimately responsible for paying the rider fees to ODS and for paying the stabling and related fees to the host facility.

USDF accredited this program for its educational content. USDF is not responsible for the date, location, organization, or presentation of this program or for any other circumstances relevant to this program. The organization of this program is the sole responsibility of the organizer of the program.

Rider's Signature

Date

Horse Owner's Signature

Date

Please return this completed form to be received by March 20, 2009.


Faxed applications can not be accepted. Please send your application and payment to:

Anne Kuhns; 12203 E. 106th St. N.; Owasso, OK 74055

If you have questions or need additional information please contact Anne.

918-272-4789 (home) 918-231-9777 (cell) akuhns@atlasok.com

Make checks payable to ODS.	
Riders may send full amount or a 50% deposit. Auditors and lecture-only are asked to pay the full amount by 3/20/09.	
Rider- \$200/ non-member \$225	_____
Stall \$70 (for two nights w/ 2 bags shavings)	_____
Extra shavings _____@\$8/bag	_____
Participating Auditor- \$75/non-member \$100	_____
Observing Auditor-Saturday \$15/ non-member \$25	_____
Observing Auditor-Sunday \$15/ non-member \$25	_____
Observing Auditor-both days \$20/ non-member \$35	_____
Saturday lunch (choose on page 1) \$9	_____
Sunday lunch (choose on page 1) \$8.75	_____
Lecture only \$10/non-member \$15	_____
USDF University Credit \$5	_____
Total	_____
Rider Deposit	_____
Rider balance due 3/28/09	_____



A full refund will be issued to riders or participating auditors if their spot can be filled from a waiting list.

Dinner Saturday Night:

Arrangements have been made for us to have dinner together at Johnnie's Charcoal Broiler, 5001 S. Harvard (51st & Harvard) 918-743-1110. Everyone will order and pay for their own meal (burgers, chicken, salads, etc.) from the counter. There is an enclosed meeting room that holds 60. Janice and Sarah will join us for Q/A and chatting.

*This symposium is partially funded by a grant from the:
Violet M. Hopkins Fund at The Dressage Foundation.*