



April 10-12th 2009

Rider Biomechanics

**Rider Seat & Position Lecture & Clinic
with Colleen Kelly!**

Lecture- Friday Evening 7- 9:30pm

Adults \$15.00, Students \$8.00. Claremore Expo Center
Refreshments provided.

Clinic- Saturday Morning 8:30 - 10:00am

Audit: \$15.00

Rocking C Stables, 30556 S 4180 Rd, Inola, OK 74036
<http://www.rockingcstables.onetulsa.com>
Concessions Available

Lessons – Saturday & Sunday

Scheduled by contact info below and if still available at the Clinic.

Payment details can be found here:

<http://www.colleenkelly.net/SHOP/BankAndPayments/BankAndPayment.htm>

**Also 4 riders Lessons Available by special request!
4 riders 1 Hr Lesson \$55.00 each**

**Sponsored by: Green Country Chapter - Oklahoma
Dressage Society**

For more information contact Marsha Cullen
Phone: 918-341-2763 Email: marsha-cullen@utulsa.edu

Rider Balance

Lessons & Clinics

Currently in the USA to speak at the United States Equestrian Federation Conference, Australian Biomechanics Lecturer, Colleen Kelly, works with the youngest beginners, injured or disabled riders right through to Grand Prix & Paralympic medallists.

Nervous riders welcome! Come and learn great techniques for balance & confidence. Riding coaches, professionals & 'parents who help' are welcome to come and watch these amazing seat & posture clinics.

With a 30 year career in exercise physiology, well-known for receiving a remarkable 100% in the Official Dressage Judge's exam Colleen's elite lecture tour includes the world's largest conferences & universities. Colleen works with all horse sports and is the President of Vaulting Victoria.

No matter what your horse sport, or what level you are at, you can improve your seat posture and balance.

**Spectators Welcome
\$15 auditing fee
\$8 students/concession**



**1 Hr Lessons:
Private \$140
2 riders \$85 each
3 riders \$65 each**